



# Choral Eucharist

In Ordinary Time



# The Eucharist

## Introduction to Ordinary Time

Ordinary Time occurs between Christmastide and Lent, and, later in the year, links Pentecost and Advent. "Ordinary Time" is neither simply "time in between" nor "ordinary" in contrast to "extraordinary". *Ordinary* is the same as *ordinal*, meaning (time) counted in order and relationship. There are 33 or 34 Ordinary Time weeks, numbered sequentially, beginning after Epiphany and ending with the feast of Christ the King.

The special focus of this six month period is the celebration of life, death and resurrection of Jesus Christ: grappling with its mystery and how to live it in our daily lives. As this is what every Sunday is really about, Ordinary Time gives us a long period of reflection and a chance to establish good habits. Sunday, or "the Lord's Day," was the day early Christians held precious as the day they met the risen Christ. It was a fitting day for Christians to come together as a community called by God, and thank God for God's goodness. They did this in the celebration of the Eucharist (the Greek word for thanksgiving).

The three year cycle of readings allows a breadth and variety of readings looking at Christian salvation. Year A features the gospel of Matthew, Mark's (and some of John's) is read in year B, whilst Luke is the focus of Year C. Each gospel has a perspective on Jesus' words and actions, his person and mystery.

Ordinary Time does not have the urgency of a short sharp period of preparation for a feast, but is about being steadfast and in for the long haul. It is a time for the slow growth of the seed, for cultivating and pruning the plant, for regular watering and fertilisation. It is a time for retaining the vision, maintaining oil in the lamps, regular prayer, and continuing our Christian mission in the family, workplace and world.

The season is punctuated with a number of special feasts, including Trinity Sunday, Corpus Christi, the Transfiguration, the Triumph of the Cross and Christ the King.

Green is the colour for this season. It is associated with spring, life, growth and hope.

## The Eucharist in Ordinary Time

*During the service you are welcome to sit or stand – the instructions are intended only as a guide. Communicant members **of all denominations** are welcome to receive communion. Please let one of the welcomers know if you require a gluten-free wafer or wish to receive communion in your seat. If you would prefer to receive a blessing, come up to the altar rail with your arms crossed on your chest. We encourage you to join in all prayers and hymns in **bold print**.*

*Musical details for the service are included on the Sunday Link.*

## The Gathering

### Welcome

*Welcome to St German's Cathedral. At the end of the Welcome there will be a period of silence as we still ourselves for worship.*

### Processional Hymn

*Please stand*

### The Greeting

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you  
**and also with you.**

### Prayer of Preparation

*Please sit or kneel*

*This prayer may be said*

**Almighty God  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

## Prayer of Penitence

*These or other suitable words may be used as an invitation to confession:*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

*or the Kyrie may be used:*

Lord, have mercy.  
**Lord, have mercy.**

Christ, have mercy.  
**Christ, have mercy.**

Lord, have mercy.  
**Lord, have mercy.**

## **Absolution**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**Amen.**

*or*

May the Father of all mercies  
cleanse you from your sins,  
and restore you in his image  
to the praise and glory of his name,  
through Jesus Christ our Lord.

**Amen.**

## **Gloria in Excelsis**

Glory to God in the highest,  
And peace to his people on earth.

Lord God, heavenly King,  
almighty God and Father.  
We worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sins of the world,  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

## The Collect

*Please remain standing*

Let us pray.

*Silent Prayer followed by the Collect of the day.  
(This prayer can be found on the Sunday Link)*

## The Liturgy of the Word

### Reading(s)

*At the end of each the reader may say:*

This is the word of the Lord  
**Thanks be to God.**

### Gradual Hymn

*Please stand*

### Gospel Acclamation

*All turn to face the Gospel as it is proclaimed:*

*Repeat what the Cantor sings:*

Two staves of musical notation in G major and 6/8 time. The first staff is labeled 'Voice' and the second 'Vo.' (Voice). The lyrics are: 'Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia!'.

*A sentence of scripture is read or sung.*

*Repeat Alleluia as above.*

### Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to *M.*  
**Glory to you, O Lord.**

*At the end of the Gospel:*

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

### The Sermon

*Please sit*

*A period of silence follows for reflection.*

### The Creed

Let us declare our faith in God:

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

## Prayers of Intercession

*Please sit or kneel*

*This or another response may be used:*

Lord, in your mercy

**Hear our prayer.**

*or*

Lord, hear us.

**Lord, graciously hear us.**

*The Prayers conclude with:*

Merciful Father,

**accept these prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ.**

**Amen.**

## ***The Liturgy of the Sacrament***

### **The Peace**

*Please stand*

*The President may introduce the Peace with this or another suitable sentence:*

Blessed are the peacemakers:

they shall be called children of God

We meet in the name of Christ and share his peace.

The peace of the Lord be always with you

**and also with you.**

Let us offer one another a sign of peace.

### **Offertory Hymn**

*During this hymn, the peace is exchanged, the gifts of bread and wine are brought forward, the altar is prepared, and the collection is taken.*



## Taking of the Bread and Wine

As the grain once scattered in the fields  
and as the grapes once dispersed on the hillside  
are now united on this table in bread and wine,  
so, Lord, may your whole Church soon be gathered together  
from the corners of the earth into your kingdom.

**Amen.**

*or*

Blessed are you, Lord God of all creation:  
through your goodness we have this bread to set before you,  
which earth has given and human hands have made.

It will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine to set before you,  
fruit of the vine and work of human hands.

It will become for us the cup of salvation.

**Blessed be God for ever.**

## The Eucharistic Prayer

*Prayer A*

The Lord be with you  
**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right,  
it is our duty and our joy,  
at all times and in all places  
to give you thanks and praise,  
holy Father, heavenly King,  
almighty and eternal God,  
through Jesus Christ your Son our Lord.

For he is your living Word:  
through him you have created all things from the beginning,  
and formed us in your own image.

Through him you have freed us from the slavery of sin,  
giving him to be born of a woman and to die upon the cross;  
you raised him from the dead  
and exalted him to your right hand on high.

Through him you have sent upon us  
your holy and life-giving Spirit,  
and made us a people for your own possession.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

*Choir:*

Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his command,  
grant that by the power of your Holy Spirit  
these gifts of bread and wine  
may be to us his body and his blood;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;

this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father,  
we remember his offering of himself  
made once for all upon the cross;  
we proclaim his mighty resurrection and glorious ascension;  
we look for the coming of your kingdom,  
and with this bread and this cup  
we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

Accept through him, our great high priest,  
this our sacrifice of thanks and praise,  
and as we eat and drink these holy gifts  
in the presence of your divine majesty,  
renew us by your Spirit,  
inspire us with your love  
and unite us in the body of your Son,  
Jesus Christ our Lord.

Through him, and with him, and in him,  
in the unity of the Holy Spirit,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty,  
in songs of everlasting praise.

**Blessing and honour and glory and power**

**Be yours for ever and ever.**

**Amen.**

*Silence is kept*

## **The Lord's Prayer**

As our Saviour taught us, so we pray:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

*or in Manx:*

Ayr ain t'ayns niau:  
casherick dy row dt'ennym,  
dy jig dty reeriaght.  
dt'aigney dy row jeant er y thalloo,  
myr t'ayns niau.  
Cur dooin nyn arran jiu as gagh laa.  
As leih dooin nyn loghtyn,  
myr ta shinyn leih dauesyn  
ta jannoo loghtyn nyn `oi.  
As ny leeid shin ayns miolagh,  
agh livrey shin veih olk.  
Son lhiats y reeriaght,  
as y phooar as y ghloyr,  
son dy bragh as dy bragh. Amen

## **Breaking of the Bread**

We break this bread  
to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

## Agnus Dei

*Choir:*

Lamb of God,  
you take away the sin of the world,  
have mercy on us.

Lamb of God,  
you take away the sin of the world,  
have mercy on us.

Lamb of God,  
you take away the sin of the world,  
grant us peace.

## Giving of Communion

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
But only say the word, and I shall be healed.**

*This prayer may be said before the distribution:*

**Most merciful Lord,  
your love compels us to come in.  
Our hands were unclean,  
our hearts were unprepared;  
we were not fit  
even to eat the crumbs from under your table.  
But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us  
with the precious body and blood of your Son,  
that he may live in us and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom.  
Amen.**

*Communion is distributed using the following words:*

The body of Christ, broken for you. **Amen.**  
The blood of Christ, shed for you. **Amen.**

*During the communion the Choir sing an anthem, details of which are on the Sunday Link.*

*On occasion the Ministry of Healing may be offered after Communion.*

## **Post Communion Prayer**

*Silence*

*The Post Communion Prayer of the day is printed on the Sunday Link.  
The following prayer may also be said:*

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen.**

## **Notices and Banns of Marriage**

### **Ministerial Focus**

*During the period immediately after Pentecost a series of ministries are focused upon and recognised on different Sundays. People exercising these ministries are invited to receive prayer and anointing with Chrism. (Chrism is one of three oils blessed by the Bishop during Holy Week, the other two oils being associated with Baptism and the Sick. Chrism represents the outpouring of God's grace and spiritual strength.)*

### **Anointing with Chrism**

Anointed with this fragrant oil,  
may all who exercise the ministry of .....,  
fill the world with the sweet fragrance of Christ's gospel  
and be built up as living stones into a temple  
filled with the Holy Spirit.

**Amen.**

God anoints you as his adopted child.  
He blesses you in your ministry of .....,  
equips and empowers you.

**Amen.**

# ***The Dismissal***

## **Blessing**

*There may be a special blessing on particular Feasts or the following may be used:*

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord,  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

## **Recessional Hymn**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

## **Organ Voluntary**

*Details are on the Sunday Link*

*Please join us for refreshments after the service.*

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*Community, Worship, Culture*

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## **Addenda**

### ***Laying on of Hands and Anointing*** (This may on occasion be used)

*Healing, reconciliation and restoration are integral to the good news of Jesus Christ. For this reason prayer for individuals, focused through laying on of hands or anointing with oil, has a proper place within the public prayer of the Church. God's gracious activity of healing is to be seen both as part of the proclaiming of the good news and as an outworking of the presence of the Spirit in the life of the Church. The Epistle of James 5. 13-15 says:*

*'Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up ...'*

*The Laying on of Hands may be administered using these words:*

In the name of God and trusting in his might alone,  
receive Christ's healing touch to make you whole.

May Christ bring you wholeness  
of body, mind and spirit,  
deliver you from every evil,  
and give you his peace.

**Amen.**

*Anointing may be administered, using these words:*

*N, I anoint you in the name of God who gives you life.  
Receive Christ's forgiveness, his healing and his love.*

May the Father of our Lord Jesus Christ  
grant you the riches of his grace,  
his wholeness and his peace.

**Amen.**

*After the Laying on of Hands and Anointing, the President may say:*

The almighty Lord,  
who is a strong tower for all who put their trust in him,  
whom all things in heaven, on earth, and under the earth obey,  
be now and evermore your defence.

May you believe and trust that the only name under heaven  
given for health and salvation  
is the name of our Lord Jesus Christ.

**Amen.**